

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
Dojo Opens 3:00PM	Dojo Opens 12Noon	Dojo Opens 3:00PM	Dojo Opens 12Noon	Dojo Opens 3:00PM	Dojo Opens 9:30AM
					10:00AM - 11:00AM All belt levels Ages 5 - 15
					11:00AM - 12:00PM All belt levels Adult
	12:30PM - 1:30PM All belt levels Adult		12:30PM - 1:30PM All belt levels Adult		
	1:30PM - 2:15PM Karate Exercise Seniors		1:30PM - 2:15PM Karate Exercise Seniors		
3:40PM - 4:30PM All belt levels Ages 5 - 8	3:30PM - 4:10PM Karate Kids Ages 3 - 4	3:40PM - 4:30PM All belt levels Ages 5 - 8	3:30PM - 4:10PM Karate Kids Ages 3 - 4	4:00PM - 4:45PM Conditioning Ages 5 - 15	
4:50PM - 5:50PM All belt levels Ages 9 - 15		4:50PM - 5:50PM All belt levels Ages 9 - 15			
	6:30PM - 7:30PM All belt levels Adult		6:30PM - 7:30PM Fundamentals Adult	6:00PM - 6:45PM Conditioning Adult	
7:00PM - 8:00PM All belt levels Adult	7:45PM - 8:45PM Fundamentals Adult	7:00PM - 8:00PM All belt levels Adult	7:30PM - 8:30PM All belt levels Adult	6:45PM - 7:30PM Flexibility Training Adult	
		8:00PM - 8:45PM Kata Adult			